

**“One of
the finest
health centers
in the
country.”**

Independent surveyor to the
U.S. Department of Health and
Human Services.

WE'RE OPEN TO YOUR NEEDS.

Comprehensive care means nothing if you can't access it. That's why at Mid-Upper Cape Community Health Center and Ellen Jones Community Dental Center, we maintain flexible hours and offer extended hours should you need it.

Our centralized community locations give you easy access; we are readily accessible from most Cape Cod locations.

Mid-Upper Cape Community Health Center

Hours:

Monday	8:00 a.m. – 4:30 p.m.
Tuesday	8:00 a.m. – 8:00 p.m.
Wednesday	8:00 a.m. – 4:30 p.m.
Thursday	8:00 a.m. – 8:00 p.m.
Friday	8:00 a.m. – 4:30 p.m.

Ellen Jones Community Dental Center

Hours:

Monday	8:00 a.m. – 4:30 p.m.
Tuesday	1:00 p.m. – 8:00 p.m.
Wednesday	8:00 a.m. – 4:30 p.m.
Thursday	1:00 p.m. – 8:00 p.m.
Friday	8:00 a.m. – 4:30 p.m.

For an appointment or more information, please call Mid-Upper Cape Community Health Center at 508-778-0300 or Ellen Jones Community Dental Center at 508-430-7710.



Mid-Upper Cape Community Health Center

30 Elm Avenue Hyannis, MA 02601
Phone 508-778-0300 Fax 508-778-8747

Ellen Jones Community Dental Center

351 Pleasant Lake Avenue Harwich MA 02645
Phone 508-430-7710 Fax 508-430-1599

Mid-Upper Cape Community Health Center & Ellen Jones Community Dental Center are owned and operated by Harbor Health Services, Inc., which manages the first community health center founded in the United States.

**Mid-Upper Cape Community
Health Center &
Ellen Jones Dental Center**
We're closer to all your healthcare needs.

Centrally located in Hyannis, Mid-Upper Cape Community Health Center offers easy access to comprehensive family medicine and dental care. Our providers and staff reflect the rich ethnic backgrounds of the communities they serve. Most speak multiple languages including Portuguese and Spanish and they are proud to live in the same towns and neighborhoods with their patients. No surprise why many members of the community including Brazilian and Spanish speaking adults and their families rely on us for quality medical and dental care.

A HEALTHY CHOICE FOR YOU AND YOUR FAMILY.

As a family medicine provider, we specialize in managing the healthcare of all ages—from infants to seniors— in a unique environment that promotes care for both individuals and families as a whole. By gaining a better understanding of your family's health, history and background, our providers can determine more effectively treatment interventions that make sense for the patient and fits his or her own culture and lifestyle.

Being part of Harbor Health Services we offer access to a large network of provider organizations dedicated to the wellbeing of the patient and the community at large. In addition to the Hyannis location, quality dental services are also offered at our very own Ellen Jones Dental Clinic within the Cape Cod Technical High School in Harwich.

To make our services accessible to most people, we assist patients in applying for full and partial free care, Mass Health and other state programs. We offer access to low cost or free prescription medication for qualified individuals and their families. We also accept all major insurance carriers including but not limited to Blue Cross/Blue Shield, Tufts Health Plan, Harvard Pilgrim Healthcare and Neighborhood Health Plan.

Dental Services

- Oral Hygiene
- Endodontics
- Oral Surgery
- Periodontics
- Prosthodontics
- Pediatric Dentistry
- Restorative Dentistry

Medical Services (MUCCHC only)

- Family Medicine (infants through seniors) including asthma and diabetes care
- Preventative Medicine
- Employment Physicals

Women's Health Services

- Family Planning
- Breast Exams
- Pap Test & Pelvic Exams

Children & Adolescent Services

- Immunizations
- Lead Poisoning Testing
- Sports & Camp Physicals
- School Physicals

Social Services

- Counseling & Referral
- Patient & community advocacy & outreach
- Benefit Enrollment including MassHealth and Uncompensated (Free) Care

HIV / Hepatitis C Services

- Testing & counseling
- Advocacy

WHERE MEDICAL AND DENTAL EXPERTISE MEET COMMUNITY COMMITMENT.

The staff at Mid-Upper Cape Community Health Center and Ellen Jones Dental Clinic is made up of experienced, highly trained healthcare professionals. In addition to their extensive training what makes them truly unique is that they all share a commitment to practice medicine in a caring, community environment, where they can really get to know their patients. Our providers live and work by the agency's mission, quality medical and dental care for all, regardless of the patient's ability to pay.

CARING ENOUGH TO CONNECT YOU WITH THE FINEST HOSPITAL CARE.

For times when your healthcare needs go beyond the ordinary, additional testing and treatment may be needed. In these instances, patients can access any of the fine medical facilities in Boston, the Cape or the South Shore, depending on their individual need and health care coverage. This assures the patient that he/she will receive the best of both worlds: the best care in the community and the best care available in the region.

WE ARE HELD TO A HIGH STANDARD OF CARE.

MidUpper Cape Community Health Center is a JCAHO (Joint Commission on Accreditation of Healthcare Organizations) accredited facility. The JCAHO accreditation assures that all aspects of care delivered meets strict national guidelines. An added security for our patients.

(Member: Mass League of Community Health Centers)