

THE FOOD PANTRY AT HARBOR HEALTH

WHO is it for?

Harbor Health patients, staff, and community members in need.

No proof of eligibility required!

WHAT do we offer?

FREE shelf-stable pantry staple items, fresh produce, and frozen protein.

Items change based on availability.

WHEN?

Every 1st, 2nd and 3rd Tuesday
8:30am – 3:00pm

WHERE?

10 Minot St
Dorchester, MA
02122

FOR MORE INFORMATION:

hhsi.us/foodpantry

617-533-2228

*Interpreters available over the phone



POLICIES

- New clients must be present to register.
- Only one account per household.
- Only one visit per month.
- No more than three cards per client.
- Wearing masks is encouraged.
- Please don't arrive before 8:15am
- Respect all others in line and Harbor Health staff.
 - No cutting the line
 - No saving your spot in line — do not leave items on the ground
 - No arguing
 - No pushing
 - No crowding — only one person allowed at the desk at a time

IF YOU ARE DISRESPECTFUL, YOU MAY BE REMOVED FROM THE PROGRAM.

Are you an agency looking to bring clients to the food pantry?
YOU MUST CALL TO REGISTER IN ADVANCE! 617-533-2228

PARKING

You can park in the parking lot at 770 Gallivan Boulevard (former Verizon store) or in any legal street spot. Do not park in the patient parking lot behind Daniel Driscoll – Neponset Health Center or in the Santander Bank parking lot — your car might get towed.

WEATHER UPDATES & CLOSURES

If the Food Pantry is closed due to the weather or any other reason, we will send a text, update our website, or you can call us for updates.

We will do our best to serve everyone quickly, but you may need to wait in line outside. Come prepared for the weather.

OTHER LOCAL FOOD ACCESS RESOURCES:

**DotHouse
Health Food Pantry**
1353 Dorchester Ave
Dorchester, MA 02122
617-288-3230
Tue (seniors): 11am–12pm
Wed (public): 8am–10am

**Red Cross
Food Pantry**
1033 Mass Ave
(entrance on Proctor St.)
Boston, MA 02118
Wed & Sat 9am–12pm

**CCAB
Yawkey Center**
185 Columbia Rd
Dorchester, MA 02121
617-506-6600
Mon & Fri: 9:30am–2pm
Tue–Thur: 9:30am–5pm

**Project Bread
FoodSource Hotline**
Call or Text:
1-800-645-8333
Mon–Fri 8am–7pm
Sat 10am–2pm
Help available in
180 languages

**QCAP: Southwest
Community Food Center**
18 Copeland St
Quincy, MA 02169
617-471-0796
Mon, Tues, Thurs, Fri:
11am–4pm; Wed: 11am–6pm
By appointment only