



**JOIN US!** Harbor Point Community  
**Health & Wellness Fair & BBQ**

**Saturday, May 30**  
**10:00 am – 1:00 pm**

**HARBOR POINT ON THE BAY**

The Quadrant – Adjacent to the tennis courts  
 and in front of the Harbor Point convenience store



- Blood pressure checks & visions screenings
- Health & safety giveaways
- Exercise demos & quick workouts
- Community resources tables
- Wellness activities
- Music, food, & more!

**FREE EVENT**  
**All are welcome!**

— SPONSORS —



HARBOR HEALTH  
 ELDER SERVICE PLAN

To learn more visit [HHSI.US/HEALTHFAIR](https://HHSI.US/HEALTHFAIR)

