



JOIN US! Harbor Point Community
Health & Wellness Fair & BBQ
Wednesday, August 19
5:00 pm – 7:00 pm

HARBOR POINT ON THE BAY

The Quadrant — Adjacent to the tennis courts
 and in front of the Harbor Point convenience store



- Exercise demos & quick workouts
- Health & safety giveaways
- Community resources tables
- Wellness activities
- BBQ food
- Music & more!

FREE EVENT
All are welcome!

— SPONSORS —



HARBOR HEALTH
 ELDER SERVICE PLAN

To learn more visit **HHSI.US/HEALTHFAIR**

