



Plymouth's Seventh Annual Health and Wellness Fair

**Join us on Saturday, October 3rd, 2026 from 10 a.m.- 1 p.m. at
the Plymouth Public Library, 132 South St,
for a FREE family-friendly fall fest!**

Activities include:

- **Mobile Farmer's Market & cooking demonstration**
- **Health Education & Risk Screenings**
- **Social Service & Health Resources**
- **Fun activities for kids**
- **Snacks, music and more!**

For more information, contact Karen at kpetererson@bidplymouth.org



**Plymouth
Public
Library**

Beth Israel Lahey Health 
Beth Israel Deaconess Plymouth